



THE GLENBEIGH HOTEL

ESTABLISHED IN 1792

Gastrobar All Day Menu

SERVED FROM 1PM TO 9PM

STARTERS

Homemade Soup of the Day (Ce, Gl, Ml)

Served with Soda Bread €4.00

Glenbeigh Hotel Seafood Chowder (Ce, Mo, Fi, Gl, Ml, Su)

Atlantic Fresh & Smoked Fish, Glenbeigh Mussels €6.50

Glenbeigh Mussels (Gl, Ml, Mo, Su)

In a Light Garlic & Herb Cream €9.50

Chicken Wings (Gl, Ml, So)

Homemade BBQ Sauce & Blue Cheese Dip €7.95

Garlic Ciabatta Bread (Ml, Gl) €4.50

Topped with Mozzarella Cheese €4.95

Traditional Caesar Salad (Eg, Fi, Gl, Ml, Mu)

Homemade Caesar Dressing, Baby Gem Lettuce, Garlic Croutons, Bacon Lardons, Shaved Parmesan
Starter €6.50 With Chicken €8.50 Main Course €12.95

MAINS

Roast of The Day (ask your Server for Allergens)

Dish changes each day, please ask your server €12.95

Fish of The Day (ask your Server for Allergens)

Dish changes each day, please ask your server €14.95

Seafood Mariniere (Cr, Fi, Ml, Mo, Su)

Fresh Salmon, Cod, Glenbeigh Mussels & Prawns, Light Garlic & Herb Cream €17.95

Chicken Curry (Ce, G, Ml)

Rice & Naan Bread €13.50

10oz Sirloin Steak (Ce, Gl, Ml, Su)

Sautéed Mushrooms & Onions, Chips, Choice of Pepper Sauce or Garlic Butter €23.95

Beer Battered Fresh Fish & Chips (Fi, Ml, Gl, Eg, Mu, Su)

Homemade Tartar Sauce €14.50

House Stir Fry (Eg, Gl, So)

Choice of Chicken or Beef, Stir Fry Vegetables, Egg Noodles €14.50

100% Irish Beef Burger (Su, Gl, Ml, Mu) €13.50

Toasted Brioche Bun, Tomato, Red Onion, Bacon, Cheese, Relish & Salad €13.50

Daly's Smoked Salmon Penne Pasta (Ce, Fi, Gl, Ml, Su)

Rocket & Watercress, Parmesan Shavings, Veloute Cream €13.50



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KIDS MENU

Homemade Chicken Gougons & Chips (Eg, Ml, Gl) €6.50

Sausages & Chips (Gl) €6.50

Sausages, Mash & Gravy (Ce, Gl, Ml) €6.50

Kids Pasta with Tomato Sauce (Gl, Ml) €6.50

DESSERTS

Please ask your Server for Desserts of The Day

Allergen Information

Crustaceans: Cr

Eggs: Eg

Fish; Fi

Peanuts: Pe

Soya: So

Celery: Ce

Mustard: Mu

Sesame: Se

Sulphites: Su

Lupin: Lu

Molluscs: Mo

Nuts: Nu

Milk: Ml

While every effort has been made to ensure all Allergen Information is correct in the menu, please inform your server of any special dietary requirements or allergens you may have.

All dishes are prepared in our kitchen where all allergens are used.

Please be advised that all deep fried items are not gluten friendly and may contain traces of other allergies.



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BREAKFAST MENU

SERVED UNTIL 12PM

FULL IRISH BREAKFAST €9.95

2 Bacon, 2 Sausage, Egg, White & Black Pudding, Tomato & Baked Beans
served with Soda Bread or Toast with Tea or Coffee
(Eg, Gl, Ml)

MINI IRISH BREAKFAST €8.50

Bacon, Sausage, Egg, White & Black Pudding
served with Soda Bread or Toast with Tea or Coffee
(Eg, Gl, Ml)

SMOKED SALMON & SCRAMBLED EGGS €9.95

Served with Soda Bread or Toast with Tea or Coffee
(Eg Gl, Ml, Fi)

BACON & EGGS €6.95

2 Bacon with Scrambled or Fried Egg with Tea or Coffee
(Eg, Gl, Ml)

CROISSANT, BRIE, BACON & TOMATO RELISH €6.95

Served with Tea or Coffee
(Eg, Gl, Ml)

CROISSANT OR DANISH PASTY €5.95

Served with Tea or Coffee
(Eg, Gl, Ml)

Allergen Information Eggs: Eg Gluten: Gl Milk: Ml Fish: Fi Mustard: Mu Sulphites: Su Soya: So

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HEAD CHEF - NOEL DENNEHY



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SANDWICH MENU

SERVED 12.30pm to 5pm

OPEN SANDWICHES

Open Sandwiches on Homemade Brown Bread served with Salad, Coleslaw & Tomato Relish

CHICKEN SALAD	€8.95	(Eg, Gl, Ml, Mu)
CHEESE SALAD	€8.95	(Eg, Gl, Ml, Mu)
HAM SALAD	€8.95	(Eg, Gl, Ml, Mu, Su)
TUNA SALAD	€8.95	(Eg, Gl, Ml, Mu, Fi)
SMOKED SALMON served with Capers & Marie Rose Sauce	€10.95	(Eg, Gl, Ml, Mu, Fii)

SANDWICHES

Freshly Made Sandwiches on White or Brown Sliced Bread

HAM	€4.50	(Gl, So, Ml)
CHEESE	€4.50	(Gl, So, Ml)
CHICKEN	€4.50	(Gl, So, Ml)
TUNA	€4.50	(Eg, Fi, Gl, So, Ml, Mu)

Allergen Information Eggs: Eg Gluten: Gl Milk: Ml Fish: Fi Mustard: Mu Sulphites: Su Soya: So

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